

PECO Cross Country League 2023-24: Race 5 (Roundhay Park)
Senior Men's Results For Team Scores

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	5872	Garbutt	Dan	St Therasas AC	M35	26:49	1	Y
2	5059	Roden	Freddie	Abbey Runners	MSEN	27:09	1	
3	4436	Fell	Thomas	Vale of York Athletic Community	MSEN	27:57	2	Y
4	5223	Robins	Sam	Chapel Allerton Runners	MSEN	28:02	3	
5	5302	Boynton	Philip	Horsforth Harriers	M35	28:05	2	
6	5986	Valero Palacios	Marcos Angel	Valley Striders AC	MSEN	28:11	4	
7	6028	Carter	Dom	York Postal Harriers	MSEN	28:18	5	
8	5412	Lomas	Adam	Hyde Park Harriers	MSEN	28:18	6	
9	5307	Casey	Dominic	Horsforth Harriers	MSEN	28:36	7	
10	5292	Kingston	Harry	Horsforth Fellandale	MSEN	28:59	8	Y
11	5527	Llewellyn	Ryan	Kirkstall Harriers	MSEN	29:22	9	
12	5342	Anderson	George	Hyde Park Harriers	M35	29:27	3	
13	5945	Grant	Daniel	Valley Striders AC	M35	29:37	4	
14	6179	Mitchell	Tom	Harrogate Harriers & AC	MSEN	29:38	10	
15	5447	Sykes	Richard	Hyde Park Harriers	M40	29:51	1	
16	6217	Vogel	Joost	Valley Striders AC	M35	29:57	5	
17	6212	Knights	Adam	Valley Striders AC	MSEN	30:02	11	Y
18	5036	Jones	Simon	Abbey Runners	MSEN	30:05	12	
19	5015	Clark	Cal	Abbey Runners	M35	30:08	6	
20	6187	Horrex	James	Ilkley Harriers	MSEN	30:11	13	
21	4440	Morris	James	Valley Striders AC	MSEN	30:13	14	
22	5582	Brierley	Jack	Nidd Valley Road Runners	MSEN	30:17	15	
23	5549	Wells	Simon	Kirkstall Harriers	M35	30:18	7	
24	5476	Mckeown	Daniel	Ilkley Harriers	M45	30:19	1	
25	5786	McLoughlin	John	Roundhay Runners	M40	30:23	2	
26	5458	Vargas	Michael	Hyde Park Harriers	M35	30:30	8	
27	6014	Holmes	Christian	Wharfedale Harriers	M50	30:32	1	
28	5875	Graham	Jamie	St Therasas AC	M45	30:33	2	
29	4491	Rendell	Matthew	Chapel Allerton Runners	MSEN	30:35	16	
30	6244	Wainer	Declan	Ackworth Road Runners	MSEN	30:36	17	Y
31	5022	Fanaroff	Dominic	Abbey Runners	MSEN	30:37	18	
32	5733	Pyznar	Tomasz	Rothwell Harriers & AC	M35	30:43	9	
33	5193	Harrold	Brian	Chapel Allerton Runners	M35	30:45	10	
34	6431	Kerr	Will	Saltaire Striders	M45	30:46	3	
35	5920	Bromley	Harry	Vale of York Athletic Community	MSEN	30:49	19	
36	5420	Moulding	Thomas	Hyde Park Harriers	MSEN	30:51	20	
37	5877	Grinnell	Andrew	St Therasas AC	M50	30:55	2	
38	4361	Wilson	Tom	Knaresborough Striders	M35	31:00	11	
39	5896	Parker	Dave	St Therasas AC	M55	31:02	1	
40	5160	Richardson	Gareth	Bradford Airedale AC	MSEN	31:06	21	
41	6397	Mortimer	Charles	Chapel Allerton Runners	M40	31:07	3	
42	5880	Herrington	Richard	St Therasas AC	M40	31:19	4	
43	6215	Panesar	Rav	Valley Striders AC	M40	31:22	5	
44	5788	Morton	Joseph	Roundhay Runners	M40	31:23	6	
45	5928	Mohammadiha	Hossein	Vale of York Athletic Community	M40	31:29	7	
46	4487	Bickler	Barak	Roundhay Runners	MSEN	31:29	22	
47	5563	Macauley	Craig	Knaresborough Striders	MSEN	31:33	23	
48	6236	Rowe-Patel	Ben	Abbey Runners	MSEN	31:35	24	
49	5926	Middup	Joe	Vale of York Athletic Community	MSEN	31:36	25	

50	5820	Fillingham	Martin	Saltaire Striders	M50	31:37	3	
51	6012	Furness	Rob	Wharfedale Harriers	M40	31:39	8	
52	5027	Harris	Simon	Abbey Runners	M40	31:39	9	
53	5186	Goodwin	Jacob	Chapel Allerton Runners	MSEN	31:40	26	
54	5013	Brienen	Stef	Abbey Runners	MSEN	31:43	27	
55	5272	West	Darren	Harrogate Harriers & AC	M60	31:44	1	
56	5608	Mccreanor	Finlay	Nidd Valley Road Runners	MSEN	31:46	28	
57	6283	Newbould	Steve	Nidd Valley Road Runners	M45	31:50	4	
58	6377	Bailey	Will	Nidd Valley Road Runners	MSEN	31:51	29	
59	5029	Holmes	Matthew	Abbey Runners	M45	31:52	5	
60	5530	Lyll	Andrew	Kirkstall Harriers	MSEN	31:52	30	
61	5188	Green	Joseph	Chapel Allerton Runners	MSEN	31:53	31	
62	5904	Yong	Chin	St Therasas AC	M35	31:55	12	
63	5400	Isaac	Oliver	Hyde Park Harriers	MSEN	31:56	32	
64	5899	Robson	John	St Therasas AC	M45	31:58	6	
65	5199	Holloway	William	Chapel Allerton Runners	MSEN	31:59	33	
66	5955	Mann	Gary	Valley Striders AC	M40	32:00	10	
67	6033	Davis	Alex	York Postal Harriers	MSEN	32:02	34	
68	5305	Brown	Rhys	Horsforth Harriers	M35	32:14	13	
69	5409	Knighton	Richard	Hyde Park Harriers	MSEN	32:18	35	
70	5879	Hardy	Neil	St Therasas AC	M45	32:23	7	
71	5205	Lawrence	Simon	Chapel Allerton Runners	MSEN	32:25	36	
72	6345	Gallagher	Mike	Hyde Park Harriers	M40	32:31	11	
73	4219	Drake	Christopher	Bradford Airedale AC	M40	32:32	12	
74	4397	Macfarlane	Russell	Saltaire Striders	M35	32:34	14	
75	5231	Vis	Patrick	Chapel Allerton Runners	MSEN	32:35	37	
76	6010	Dennis	Paul	Wharfedale Harriers	M40	32:36	13	
77	5426	Pratt	John	Hyde Park Harriers	M40	32:36	14	
78	6323	Roebuck	Chris	Horsforth Harriers	M45	32:38	8	
79	5467	Hamilton	Forrest	Ilkley Harriers	MSEN	32:39	38	
80	5388	Garratt	Richard	Hyde Park Harriers	M45	32:41	9	
81	5209	Mather	David	Chapel Allerton Runners	M45	32:43	10	
82	6149	Middlemas	David	Valley Striders AC	M50	32:46	4	
83	5245	Adams	Hayden	Harrogate Harriers & AC	M40	32:49	15	
84	6096	Harrison	Matthew	Harrogate Harriers & AC	MSEN	32:58	39	
85	5925	Martin	Ian	Vale of York Athletic Community	M55	33:01	2	
86	5004	Armstrong	Ross	Abbey Runners	M35	33:10	15	Y
87	5479	Sawyer	Jaysson	Ilkley Harriers	M45	33:11	11	
88	5959	Parkinson	Andy	Valley Striders AC	MSEN	33:13	40	
89	5235	Wilshaw	Stacy	Chapel Allerton Runners	M40	33:13	16	
90	6387	Mawer	Damian	York Postal Harriers	M45	33:15	12	
91	5289	Heeley	Paul	Horsforth Fellandale	M45	33:16	13	
92	5725	Hunsley	Thomas	Rothwell Harriers & AC	MSEN	33:19	41	
93	5128	Worthington	Joe	Ackworth Road Runners	M45	33:20	14	
94	5954	Last	Adam	Valley Striders AC	MSEN	33:21	42	
95	5998	Davey	Richard	Wetherby Runners AC	M50	33:21	5	
96	5014	Bysouth	Tom	Abbey Runners	M40	33:21	17	
97	6150	Thomas	Gwilym	Valley Striders AC	M45	33:22	15	
98	4272	Gidlow	Paul	Horsforth Harriers	M45	33:23	16	
99	5454	Tranter	Colin	Hyde Park Harriers	M40	33:24	18	
100	5819	Dunbar	Stuart	Saltaire Striders	M60	33:25	2	
101	5828	Hearn-Yeates	Victor	Saltaire Striders	MSEN	33:27	43	
102	6170	Armitstead	Simon	Chapel Allerton Runners	M35	33:30	16	

103	5742	Walker	Dean	Rothwell Harriers & AC	MSEN	33:31	44	
104	5146	Walker	Richard	Airecentre Pacers	M45	33:34	17	
105	6427	Westmoreland	Jason	Rothwell Harriers & AC	M55	33:36	3	
106	5637	Townend	Darren	Nidd Valley Road Runners	M50	33:41	6	
107	4488	Kay	Tom	Saltaire Striders	M35	33:46	17	
108	6225	Trousdale	Tom	Pudsey & Bramley AC	M35	33:47	18	Y
109	5101	Lines	Charles	Ackworth Road Runners	M60	33:48	3	
110	2296	Shacklock	Ben	Harrogate Harriers & AC	M40	33:48	19	
111	6200	Singh	John	Saltaire Striders	M40	33:50	20	
112	5870	Fuller	Nigel	St Therasas AC	M45	33:56	18	
113	5946	Grave	Paul	Valley Striders AC	M45	34:02	19	
114	5433	Rhodes	Steve	Hyde Park Harriers	M60	34:05	4	Y
115	4335	Stevenson	Dan	Hyde Park Harriers	M35	34:08	19	
116	5189	Greenland	Rob	Chapel Allerton Runners	M50	34:09	7	
117	5345	Baxendale	Jonathan	Hyde Park Harriers	MSEN	34:13	45	
118	5739	Snow	Daniel	Rothwell Harriers & AC	MSEN	34:14	46	
119	5259	Howard	Ashley	Harrogate Harriers & AC	MSEN	34:16	47	
120	6356	Macdonald	Matthew	Roundhay Runners	MSEN	34:20	48	
121	5712	Davies	Jonny	Rothwell Harriers & AC	M35	34:23	20	
122	6050	Partridge	Simon	York Postal Harriers	M45	34:25	20	
123	6419	Bodin Galvez	David	St Therasas AC	M40	34:28	21	
124	5451	Taylor	Lee	Hyde Park Harriers	M45	34:30	21	
125	5748	Anthoney	Iain	Roundhay Runners	MSEN	34:36	49	
126	6268	Smith	Callum	Hyde Park Harriers	MSEN	34:41	50	
127	6097	Strutt	James	Harrogate Harriers & AC	M45	34:42	22	
128	5477	Mountain	Thomas	Ilkley Harriers	MSEN	34:44	51	
129	5651	Murray	Lewis	Pudsey & Bramley AC	MSEN	34:46	52	
130	5156	Colley	Ashley	Bradford Airedale AC	M35	34:47	21	
131	5573	Yao	Zejun	Leeds University AC & CC Club	M40	34:51	22	
132	6116	Lofthouse	Martin	Nidd Valley Road Runners	M55	34:52	4	
133	5080	Aubrey	Ryan	Ackworth Road Runners	M35	34:58	22	
134	4336	Gerrish	Adam	Ilkley Harriers	MSEN	35:01	53	
135	6299	Brown	Andy	Saltaire Striders	M55	35:06	5	
136	5330	Perkinson	Andy	Horsforth Harriers	M45	35:06	23	
137	5176	Dearden	Mike	Chapel Allerton Runners	M40	35:07	23	
138	5701	Hickman	Martin	Rothwell Harriers & AC	MSEN	35:07	54	
139	6189	Hipkiss	Jack	Kirkstall Harriers	MSEN	35:08	55	
140	5727	Knight	Hadrian	Rothwell Harriers & AC	M50	35:08	8	
141	5982	Tarran	James	Valley Striders AC	M55	35:08	6	
142	6399	Wilkinson	Gary	Harrogate Harriers & AC	M50	35:09	9	
143	5044	Mcguire	David	Abbey Runners	M55	35:12	7	
144	5653	Shamim	Reuben	Pudsey & Bramley AC	MSEN	35:12	56	
145	6216	Vallance	Simon	Valley Striders AC	M55	35:13	8	
146	6142	Weston	Anthony	St Therasas AC	M50	35:14	10	
147	5822	Gibb	Ewan	Saltaire Striders	M35	35:15	23	
148	5460	Wallis	Nigel	Hyde Park Harriers	M45	35:19	24	
149	5752	Blakeley	Matthew	Roundhay Runners	M50	35:20	11	
150	6127	Yates	Jonny	Roundhay Runners	M40	35:23	24	
151	6077	Robinson	Michael	Ackworth Road Runners	M35	35:24	24	
152	5491	Bryce	Robert	Kippax & District Harriers	MSEN	35:27	57	
153	5715	Evans	Michael	Rothwell Harriers & AC	M45	35:29	25	
154	5603	Iddon	Andrew	Nidd Valley Road Runners	M35	35:31	25	
155	5551	Brock	Martin	Knaresborough Striders	M45	35:36	26	

156	5888	Maudsley	Ian	St Therasas AC	M40	35:37	25	
157	5976	Smith	Paul	Valley Striders AC	M50	35:41	12	
158	6051	Pearson	Marc	York Postal Harriers	M40	35:45	26	
159	6100	Hadfield	Sam	Hyde Park Harriers	MSEN	35:46	58	
160	6285	Mann	Chris	Pudsey & Bramley AC	M40	35:49	27	
161	5533	Moger	Adam	Kirkstall Harriers	M45	35:51	27	
162	5051	Palicio	Luis	Abbey Runners	M35	35:56	26	
163	5177	Dix-Nagra	Jai	Chapel Allerton Runners	MSEN	36:03	59	
164	5557	Ellmore	Steve	Knaresborough Striders	M55	36:05	9	
165	6193	Walker	Bobak	Roundhay Runners	M40	36:07	28	
166	6278	Gummer	Ben	Knaresborough Striders	M35	36:07	27	
167	6007	Wallhead	Nick	Wetherby Runners AC	M45	36:15	28	
168	5254	Fisher	Joseph	Harrogate Harriers & AC	M40	36:16	29	
169	5505	Hill	Andy	Kippax & District Harriers	M50	36:17	13	
170	5061	Rogerson	Tom	Abbey Runners	M45	36:20	29	
171	5024	Frazer	Martin	Abbey Runners	M55	36:23	10	
172	5079	Wray-Rogers	Luke	Abbey Runners	M45	36:24	30	
173	6273	Al-Janabi	Daoud	Kirkstall Harriers	MSEN	36:30	60	
174	6166	Goldthorpe	Rory	Abbey Runners	M40	36:35	30	
175	5967	Sanderson	Ian	Valley Striders AC	M50	36:37	14	
176	5919	Bennett	Paul	Vale of York Athletic Community	M40	36:39	31	
177	5260	Jordan	Mark	Harrogate Harriers & AC	M65	36:40	1	
178	5529	Longmate	Kevin	Kirkstall Harriers	M35	36:42	28	
179	5481	Singleton	David	Ilkley Harriers	M45	36:43	31	
180	5007	Ashworth	Richard	Abbey Runners	M45	36:45	32	
181	5319	Greenhalgh	Lee	Horsforth Harriers	M50	36:52	15	
182	4439	Irvine	Richard	Valley Striders AC	M50	36:56	16	
183	5134	Gwilym	Owain	Airecentre Pacers	M40	36:59	32	
184	5556	Edmondson	Ewan	Knaresborough Striders	M60	37:06	5	
185	5718	Gourley	William	Rothwell Harriers & AC	M45	37:09	33	
186	5202	Jewitt	Fred	Chapel Allerton Runners	MSEN	37:15	61	
187	5757	Burton	Phil	Roundhay Runners	M55	37:17	11	
188	6030	Carter	Matt	York Postal Harriers	M45	37:18	34	
189	6242	Middleton	Joe	Ackworth Road Runners	MSEN	37:28	62	
190	4062	Bennett	Simon	Ackworth Road Runners	M60	37:32	6	
191	6180	Watson	Simon	Harrogate Harriers & AC	M60	37:34	7	
192	5356	Burton	Simon	Hyde Park Harriers	M35	37:35	29	
193	5943	Furby	Mike	Valley Striders AC	M50	37:35	17	
194	5859	Bould	Richard	St Therasas AC	M40	37:41	33	
195	5276	Metcalfe	Kevin	Harrogate Tri Club	M50	37:43	18	
196	6318	Rylatt	Matt	York Triathlon Club	M60	37:53	8	
197	5898	Rayner	Iain	St Therasas AC	M45	37:53	35	
198	6078	Sidwell	David	Ackworth Road Runners	M40	37:56	34	
199	6367	Moneypenny	Brad	Wetherby Runners AC	MSEN	38:03	63	
200	5228	Shepherd	Stuart	Chapel Allerton Runners	M40	38:03	35	
201	5586	Carvey	Chris	Nidd Valley Road Runners	M55	38:06	12	
202	5397	Hindson	Adam	Hyde Park Harriers	M50	38:20	19	
203	6073	Craven	Paul	Abbey Runners	M55	38:21	13	
204	5960	Parton	Adam	Valley Striders AC	M50	38:23	20	
205	6054	Summerson	George	York Postal Harriers	M40	38:25	36	
206	5971	Sedgley	Matthew	Valley Striders AC	MSEN	38:27	64	
207	6386	Haynes	Richard	Airecentre Pacers	M35	38:27	30	
208	5201	Isherwood	David	Chapel Allerton Runners	M45	38:28	36	

209	6443	Scaife	Nigel	Nidd Valley Road Runners	M50	38:30	21	
210	5318	Freeman	Paul	Horsforth Harriers	M55	38:36	14	
211	5564	Marshall	Guy	Knaresborough Striders	M55	38:39	15	
212	5163	Allison	David	Chapel Allerton Runners	M50	38:44	22	
213	5203	Kendell	John	Chapel Allerton Runners	M45	38:46	37	
214	5950	Jackson	Jon	Valley Striders AC	M50	38:48	23	
215	6407	Fellick	Joel	Kirkstall Harriers	MSEN	38:52	65	
216	5719	Gregory	Mark	Rothwell Harriers & AC	M60	38:56	9	Y
217	5649	Enever	Peter	Pudsey & Bramley AC	M40	38:57	37	Y
218	5113	Smith	Andrew	Ackworth Road Runners	M45	38:58	38	
219	6002	Legg	Ian	Wetherby Runners AC	M55	39:01	16	
220	5125	Wigglesworth	Oliver	Ackworth Road Runners	MSEN	39:02	66	
221	6393	Milner	Rob	Ackworth Road Runners	M35	39:06	31	
222	6195	Laville	Harry	Saltaire Striders	MSEN	39:11	67	
223	5219	Peacock	Tom	Chapel Allerton Runners	MSEN	39:14	68	
224	5391	Gordon	Jack	Hyde Park Harriers	MSEN	39:15	69	
225	5658	Wallace	Neil	Pudsey & Bramley AC	M45	39:16	39	
226	6256	Hooper	Thomas	Chapel Allerton Runners	MSEN	39:19	70	
227	5792	Page	Mick	Roundhay Runners	M70	39:22	1	Y
228	5713	Duckering	Josh	Rothwell Harriers & AC	MSEN	39:24	71	
229	6167	Parker	Karl	Abbey Runners	MSEN	39:25	72	
230	5849	Tryc	Pawel	Saltaire Striders	M40	39:27	38	
231	5881	Hick	Matthew	St Therasas AC	M40	39:29	39	
232	5927	Middup	Steve	Vale of York Athletic Community	M60	39:33	10	
233	5790	O'hara	Colm	Roundhay Runners	M50	39:42	24	
234	5595	Evans	Richard	Nidd Valley Road Runners	M55	39:43	17	
235	5100	Leadbeater	Mark	Ackworth Road Runners	M55	39:44	18	
236	6333	Winterbottom	Josh	Saltaire Striders	MSEN	39:48	73	
237	5535	Nacario	Jyro	Kirkstall Harriers	MSEN	39:51	74	
238	5011	Bastin	Tony	Abbey Runners	M55	39:52	19	
239	6157	Thornton	Ed	Wetherby Runners AC	M40	39:52	40	
240	6098	Dunn	Paul	Harrogate Tri Club	M35	39:54	32	
241	5218	Parry	David	Chapel Allerton Runners	M35	39:57	33	
242	5359	Cartwright	Richard	Hyde Park Harriers	M40	39:58	41	
243	5052	Parmar	Ajay	Abbey Runners	M50	39:58	25	
244	5561	Harrop	Andrew	Knaresborough Striders	M55	40:00	20	
245	6271	Hamilton	Robert	Ilkley Harriers	M65	40:12	2	
246	5844	Spencer	Tim	Saltaire Striders	M65	40:24	3	
247	6110	Dobinson	Derek	Knaresborough Striders	M45	40:28	40	
248	5594	Easton	Jonathan	Nidd Valley Road Runners	M45	40:34	41	
249	6041	Hawkins	Richard	York Postal Harriers	M40	40:41	42	
250	5622	Read	Carl	Nidd Valley Road Runners	M45	40:43	42	
251	6319	Steel	Phil	York Triathlon Club	M45	40:46	43	
252	4492	Lyons	Chris	Chapel Allerton Runners	M45	40:47	44	
253	5648	Beesting	Adam	Pudsey & Bramley AC	M40	40:51	43	Y
254	5655	Simenton	Ben	Pudsey & Bramley AC	MSEN	40:54	75	
255	5512	Allen	Lloyd	Kirkstall Harriers	M50	41:01	26	
256	5652	Rafton	David	Pudsey & Bramley AC	M40	41:04	44	Y
257	5482	Snow	Matthew	Ilkley Harriers	M45	41:13	45	
258	5591	Crebbin	Nick	Nidd Valley Road Runners	M50	41:13	27	
259	5025	Greene	Paul	Abbey Runners	M60	41:15	11	
260	5046	Morimoto	Kazuki	Abbey Runners	M55	41:15	21	
261	4485	Ellis	Matt	Abbey Runners	M45	41:17	46	

262	5753	Blakeman	Neil	Roundhay Runners	M60	41:20	12	
263	4441	Taylor	Drew	Valley Striders AC	M60	41:21	13	
264	5901	Seddon	Tim	St Therasas AC	M60	41:23	14	
265	5809	Weight	Dave	Roundhay Runners	M55	41:25	22	
266	5438	Sawyer	Paul	Hyde Park Harriers	M40	41:25	45	
267	6445	Albrecht	Jason	St Therasas AC	M40	41:28	46	
268	6395	Preston	Andy	Ackworth Road Runners	M35	41:29	34	
269	6128	Bower	David	Saltaire Striders	M60	41:29	15	
270	5373	Dow	Will	Hyde Park Harriers	MSEN	41:33	76	
271	5654	Shamim	Salman	Pudsey & Bramley AC	M45	41:35	47	
272	5003	Armer	Carrick	Abbey Runners	M40	41:39	47	
273	5349	Blatherwick	John	Hyde Park Harriers	M35	41:43	35	
274	5931	Adcock	Richard	Valley Striders AC	M50	41:49	28	
275	5074	Ward	John	Abbey Runners	M70	41:54	2	
276	6070	Wray	Scott	York Triathlon Club	M50	42:02	29	
277	5507	Lay	Richard	Kippax & District Harriers	M45	42:06	48	
278	5175	Cuthbertson	Nic	Chapel Allerton Runners	M60	42:12	16	
279	6055	Whitby	Mark	York Postal Harriers	M55	42:17	23	
280	5501	Hammond	Paul	Kippax & District Harriers	M60	42:19	17	
281	4442	Davies	Jon	York Postal Harriers	M35	42:21	36	
282	5096	Hull	Mark	Ackworth Road Runners	M50	42:23	30	
283	5974	Slater	James	Valley Striders AC	M50	42:27	31	
284	5617	Newton	Stephen	Nidd Valley Road Runners	M50	42:30	32	
285	5178	Eldred	John	Chapel Allerton Runners	M65	42:32	4	
286	5042	Leslie	David	Abbey Runners	M70	42:32	3	
287	5484	Travis	Alan	Ilkley Harriers	M45	42:34	49	
288	5593	Deacon	Michael	Nidd Valley Road Runners	M60	42:37	18	
289	5933	Brewster	Keith	Valley Striders AC	M65	42:41	5	
290	5124	Webster	Mark	Ackworth Road Runners	M50	42:42	33	
291	5559	Forman	Nik	Knaresborough Striders	M60	42:43	19	
292	4222	Jones	Oliver	Chapel Allerton Runners	MSEN	42:52	77	
293	5987	Wallace	John	Valley Striders AC	M55	42:59	24	
294	5890	Mellor	David	St Therasas AC	M50	43:05	34	
295	6361	Gibson	Paul	St Therasas AC	M45	43:06	50	
296	4483	Hill	Tom	Kippax & District Harriers	MSEN	43:09	78	
297	5629	Shaw	Michael	Nidd Valley Road Runners	M45	43:13	51	
298	5495	Davy	Alan	Kippax & District Harriers	M45	43:16	52	
299	6132	Hillas	Stephen	Saltaire Striders	M60	43:26	20	
300	6057	Hanley	Chris	York Triathlon Club	M45	43:27	53	Y
301	5632	Smith	Nick	Nidd Valley Road Runners	M60	43:30	21	
302	6358	Douglas	Alan	Saltaire Striders	M50	43:44	35	
303	5449	Tasker	Richard	Hyde Park Harriers	M40	43:48	48	
304	5076	Whittaker	Jim	Abbey Runners	M55	43:51	25	
305	5430	Ramsden	Paul	Hyde Park Harriers	M45	43:53	54	
306	5099	Leach	Adrian	Ackworth Road Runners	M55	44:08	26	
307	5805	Turner	Jonathan	Roundhay Runners	M55	44:18	27	
308	5396	Hartley	Ben	Hyde Park Harriers	M45	44:20	55	
309	5338	Womersley	David	Horsforth Harriers	M70	44:40	4	
310	5542	Smith	Simon	Kirkstall Harriers	M50	44:40	36	
311	5743	Ward	Roger	Rothwell Harriers & AC	M60	44:58	22	
312	5942	Fox	Ken	Valley Striders AC	M65	44:59	6	
313	5157	Foster	Stephen	Bradford Airedale AC	M55	45:03	28	
314	6308	Plows	Brad	Vale of York Athletic Community	MSEN	45:07	79	

315	6111	Noble	Pete	Knaresborough Striders	M50	45:26	37	
316	5053	Patchett	Ian	Abbey Runners	M60	45:28	23	
317	5230	Sutcliffe	Adam	Chapel Allerton Runners	M50	45:29	38	
318	5970	Sawyer	Chris	Valley Striders AC	M65	45:30	7	
319	5537	Rhodes	Benjamin	Kirkstall Harriers	MSEN	45:45	80	
320	5761	Coghlan	Robin	Roundhay Runners	M55	45:53	29	
321	5377	Edwards	Richard	Hyde Park Harriers	M45	45:57	56	
322	5754	Bowman	Geoff	Roundhay Runners	M60	46:04	24	
323	5422	Newell	Jason	Hyde Park Harriers	M50	46:37	39	
324	4480	Bell	Richard	Wetherby Runners AC	M55	47:00	30	
325	5448	Tarbit	James	Hyde Park Harriers	M35	47:03	37	
326	5408	Kidner	Ralph	Hyde Park Harriers	M65	47:04	8	
327	5626	Robinson	Philip	Nidd Valley Road Runners	M60	47:30	25	
328	4274	Russell	Peter	Horsforth Harriers	M60	47:50	26	
329	6371	Allison	Dave	Ackworth Road Runners	M40	48:02	49	
330	5012	Blinston	Peter	Abbey Runners	M55	48:03	31	
331	5019	Craddock	Charles	Abbey Runners	M55	48:07	32	
332	6442	Donnelly	Dan	Hyde Park Harriers	M55	48:08	33	
333	5277	Scott	Iain	Harrogate Tri Club	M55	48:10	34	
334	5334	Thompson	Dan	Horsforth Harriers	M40	48:15	50	
335	6039	Halcro-Johnston	Andrew	York Postal Harriers	M45	48:18	57	
336	5948	Hussey	John	Valley Striders AC	M70	48:33	5	
337	4313	Smallwood	Andrew	Hyde Park Harriers	M40	48:33	51	
338	4468	Brough	Michael	Valley Striders AC	M65	48:33	9	
339	5841	Read	Jamie	Saltaire Striders	MSEN	48:38	81	
340	6129	Darcy	Graham James	Saltaire Striders	M55	48:38	35	
341	5033	Ibrahim	Joseph	Abbey Runners	M45	48:43	58	
342	5984	Tinker	Michael	Valley Striders AC	M65	48:49	10	
343	6300	Griffiths	Alun	Saltaire Striders	M65	48:52	11	
344	5250	Chadwick	Phillip	Harrogate Harriers & AC	M45	49:49	59	
345	5295	Prendergast	Carl	Horsforth Fellandale	M75	49:57	1	
346	5361	Clarkin	Oliver	Hyde Park Harriers	MSEN	50:19	82	
347	5137	Jarvis	Mike	Airecentre Pacers	M55	50:31	36	
348	5045	Mooney	Aidan	Abbey Runners	M45	50:50	60	
349	6383	Taylor	Malcolm	Kirkstall Harriers	M35	51:05	38	
350	5398	Hogg	Joe	Hyde Park Harriers	M55	51:29	37	
351	6133	Mistry	Mohanlal	Saltaire Striders	M60	51:29	27	
352	5972	Sedgley	Neil	Valley Striders AC	M55	52:12	38	
353	4357	Driskell	Norman	Knaresborough Striders	M45	52:15	61	
354	5068	Shorrock	Thomas	Abbey Runners	M40	52:52	52	
355	5949	Jackson	Bob	Valley Striders AC	M70	53:09	6	
356	5333	Taylor	Ian	Horsforth Harriers	M55	53:33	39	
357	5874	Godden	Jeremy	St Therasas AC	M60	53:36	28	
358	5923	Holliday	Ollie	Vale of York Athletic Community	MSEN	54:05	83	
359	6331	Coles	Malcolm	Valley Striders AC	M75	54:13	2	
360	4476	Bellbrough	Matt	Chapel Allerton Runners	M35	54:18	39	
361	6019	Thompson	Geoffrey	Wharfedale Harriers	M60	54:35	29	
362	5628	Seaman	Dave	Nidd Valley Road Runners	M75	54:47	3	
363	5020	Ellis	Adam	Abbey Runners	M45	55:58	62	
364	5309	Dinsdale	Mark	Horsforth Harriers	M55	57:01	40	
365	5871	Gall	Stuart	St Therasas AC	M45	57:29	63	Y
366	5614	Montana	Marcos	Nidd Valley Road Runners	MSEN	58:38	84	
367	5602	Hyde	Graham	Nidd Valley Road Runners	M45	59:21	64	

368	5707	Bywater	Chris	Rothwell Harriers & AC	M70	1:02:35	7	
369	5724	Harvey-List	Heath	Rothwell Harriers & AC	M55	1:03:57	41	
370	6287	Appleby	Martin	Rothwell Harriers & AC	M65	1:05:42	12	
371	5709	Choules	Victor	Rothwell Harriers & AC	M55	1:07:07	42	
372	5817	Davies	James	Saltaire Striders	M40	1:07:16	53	
373	5775	Hodge	Tony	Roundhay Runners	M50	1:10:22	40	